

GOVERNMENT OF ARUNACHAL PRADESH
DEPARTMENT OF HEALTH & FAMILY WELFARE
CIVIL SECRETARIATE ITANAGAR
ARUNACHAL PRADESH

Notification

File No. Secy(Health)/SOP-11/2020

Dated Itanagar the 17th April, 2021

Whereas, there is a surge of COVID-19 cases in the country, therefore, there is a need to contain the spread of COVID-19 pandemic in the state.

Therefore, in supersession of all previous notification issued in respect of entry and exit to the state for the purpose of managing COVID-19 pandemic, the following protocols are hereby issued for compliance of all concerned and for information to public at large.

I. Protocol for Inter State Travelers

1. It is **mandatory** for all persons entering the State of Arunachal Pradesh to undergo Rapid Antigen Test (RAT) at the Point of Entry from neighboring state and Helipad/Airport in the State. However:
Persons entering the State from any State or Union Territory possessing a negative RT-PCR /TruNat/ CBNAAT report or a valid final vaccination completion certificate shall be exempted from testing at the entry point. The COVID negative report will be valid only if they were tested within 72 hours of entry to the State.
2. For Persons with COVID-19 positive report or found positive by RAT at the Point of Entry:
 - (a) If Asymptomatic and Positive by RAT on arrival, they will have the option for Home Isolation at their destination district, if they fulfil the criteria for home isolation as detailed in Annexure-I. If facility for home isolation is not as per the requirements, they will be shifted to the concerned Destination District Covid Care Center (CCC). All The district CCC will be a paid facility, the rates for which will be notified by the Deputy Commissioner.
 - (b) If Symptomatic and Positive by RAT on arrival, they will have the option for Home Isolation if symptoms are mild, or will be shifted to paid CCC, DCHC or DCH, depending on the severity of their symptoms as determined by the Medical team. DCHC and DCH treatment will be free of cost in Arunachal Pradesh.
 - (c) For such COVID-19 positive cases detected, the District Administration team at the entry point shall arrange necessary transportation at the cost of the person for Home isolation with necessary intimation to the DMOs concerned for monitoring and ensuring that the person follow all COVID appropriate behavior and SOP for Home Isolation and Discharge.
3. If Symptomatic i.e. having mild symptoms suggestive of Covid-19 and Negative by RAT on arrival, they should self-isolate at home and call the District helpline whereby they will be directed to the nearest testing center for collection of nasopharyngeal sample for RT-PCR/TrueNat.
 - (a) All persons tested by RT-PCR/TrueNat at the nearest Health facility should undergo home isolation till the test results are declared. The test results are generally available within 48 hours which shall be communicated through an SMS/Telephone call.
 - (b) If tested negative, such individuals can carry on with their daily activities or work normally. If tested positive, SOP for home or institutional isolation should be followed.
4. If Symptomatic (moderate/severe) and Negative by RAT on arrival, they should be shifted to suspect case section of DCHC/DCH of the Point of Entry District for RT-PCR/True Nat testing. If negative on RT-PCR/TrueNat, he/she may be shifted to non-covid health facility for management of symptoms. If Positive on RT-PCR/True Nat, he/she will be shifted to confirmed case section of DCHC/DCH and discharged as per the discharge policy.



5. Check gates for any persons entering into the State and the procedures for the screening team (Inter Departmental team) shall be notified by the concerned Deputy Commissioners. The medical team shall only be responsible for sample collection and testing.

II. Protocol for Intra-State/Inter-District travel:

1. District Administration will not restrict movement or impose quarantine or testing for inter district travelers, goods, services, etc.
2. Inter district movement of persons and goods through neighboring States will carry a facilitation pass from concerned District Administration at Point of Exit (Check gate).
3. Those individuals carrying facilitation pass need not be tested at PoE of the destination district.
4. Inter district movement, not passing through neighboring States, will not be required to be tested at destination districts.
5. Travelers will however self-monitor their health and follow all due precautions (wearing masks, hand hygiene, etc.)
6. If a person is symptomatic, he/she should immediately visit the nearest testing center/Flu clinic.

III. SOPs for Truckers/Attendants/Protocol drivers/Official drivers:

1. There shall be **strictly no** restriction to movement of essential goods at the Point of Entry (PoE) to the State
2. Truckers/Attendants/Protocol drivers/Official drivers coming into and leaving the State within 8 hours need not be tested.
3. Truckers/Attendants possessing a negative RT-PCR /TruNat/ CBNAAT report or a valid final vaccination completion certificate shall be exempted from testing at the entry point. The COVID negative report will be valid only if they were tested within 72 hours of entry to the State.
4. Truckers/Attendants entering and staying in the State for more than 8 hours and not fulfilling condition number III-3:
 - a. They will be tested at Point of Entry (PoE) districts only.
 - b. They should mandatorily wear masks and follow other precautionary measures and leave the State immediately after unloading their goods.
 - c. Any truckers/attendants tested positive will be managed in paid CCCs, DCHC, DCH of that district.

IV. CPMF/Military: shall follow their own Standard Operating Protocol for COVID-19 Management. They shall observe all standard COVID-19 precautions like compulsory wearing of face mask, physical distancing, frequent hand washing with soap and water or use hand sanitizer, follow cough etiquette etc. while in public areas and workplaces.

V. Protocol for Flu Clinics:

1. All Health facilities (Public/Private) should have a separate functional flu clinic.
2. All symptomatic persons attending flu clinics should mandatorily be tested by RT-PCR/TrueNat.

VI. Protocol for Public space and public gathering:

1. Public gatherings.
 - a. Marriage gathering shall be restricted to 50 people following all Covid Appropriate Behaviour.
 - b. Festivals/religious/cultural/prayers/rituals shall be restricted to 50 people following all Covid Appropriate Behaviour (wearing of mask, maintaining physical distance and hand hygiene)
 - c. Weekly markets shall be regulated.
Any relaxations on the above said protocols shall be relaxed/regulated/banned by the Deputy Commissioners on assessing the ground situation.
2. Compulsory wearing of masks in Public spaces/Public transport/Workplaces.
 - a. District Administration shall ensure strict implementation of wearing of masks/face coverings in:
 - i. Public places like market, shops etc.
 - ii. Public transport
 - iii. Workplaces accessible to public including Govt/pvt offices, Industries, commercial establishments, building/work sites etc
3. Penalty for violation:
 - a. Penalty for violators for each offence @ Rs 500
 - b. Penalty of spitting @ Rs 200 in public areas, Govt/Pvt offices, Hospitals etc. to be enforced by respective Institutes.

VII. Charges for COVID-19 tests:

1. RAT @ Rs 200 per test
2. RT-PCR/TrueNat @ Rs 500 per test
3. Exemption of charges for testing:
 - a. BPL Card Holders should produce BPL Cards.
 - b. Truckers/attendants carrying essential items.
 - c. Elders above 60 & Children below 10.
 - d. State Government Contingency staff with valid ID.
 - e. CPMF/Military.

VIII. Protocol for Home Isolation:

1. The person should be medically assigned as asymptomatic/mild symptomatic laboratory confirmed Covid-19 positive case by RAT/RT-PCR/TrueNat
2. Such cases should have the requisite facility (separate single room preferably with an attached bathroom) at their residence for self-isolation.
3. A care giver within the family should be identified and should be available to provide care on 24 x7 basis.
4. The patient shall sign an undertaking and agree to monitor his health by thermometer and pulse oximeter and regularly inform his health status to the District Health Team/District control room, who will facilitate further follow up by the surveillance teams.
5. Patients with co-morbid conditions like hypertension, diabetes, and elderly & Immunocompromised patients (HIV, Transplant recipients, Cancer Therapy etc.) may be allowed home isolation only after proper evaluation by the Health Team.
6. Surveillance of Home Isolated cases:
 - a. All addresses, contact details of home isolated cases should be updated with the M.O in charge/Incident commander of the area.
 - b. The village council/Town council/Municipal council may be engaged by the identified incident commander of the area to report any violation of the home isolation.
 - c. Front line workers (ASHA's, Anganwadi workers etc.) should monitor the home isolated cases by telephone or visit the homes as per schedule prepared by M.O in charge of the area.
 - d. Detailed guidelines for Home Isolation can be referred to at **Annexure I**.

IX. Protocol for discharge:

Government of Arunachal Pradesh shall follow the National MoH&FW revised discharge policy dated 8.05.2020 (**Annexure-II**). All Districts shall follow the Govt's discharge policy strictly.

X. Protocol for District Control Room:

1. All Districts should set up and functionalize their district control room for monitoring of Covid-19 cases in the respective districts.
2. A medical team shall be also set up who shall call and monitor the home isolation patients on day to day basis for any worsening of health condition.
3. SOP for State and district control room can be referred to in **Annexure III**.

IMPORTANT NOTE: All persons entering the State exempted from Home Isolation are to closely monitor their health for 10 days from the date of entry into the State. Upon development of any symptoms of COVID-19, such individuals should self-report to the nearest healthcare facility. **It is also mandatory that all persons entering the State should diligently follow the three recommended practices: wearing mask, maintaining social distancing and practicing hand hygiene.**

Sd/- (Naresh Kumar), IAS
Chief Secretary
Govt. of Arunachal Pradesh
Itanagar

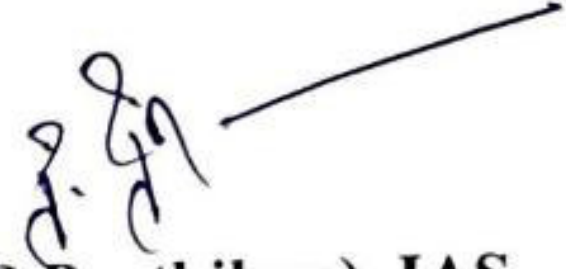
Memo.No.Secy(Health)/SOP-11/2020

Dated Itanagar the 17th April, 2021

Copy to:

1. The Commissioner to Hon'ble Governor, Raj Bhawan, Itanagar for kind information.
2. The PPS to HCM for kind information please.
3. PPS to HDCM for kind information please.

4. The PS to All Hon'ble Ministers, Govt. of Arunachal Pradesh for kind information please
5. PPS to Hon'ble Speaker/PS to Dy Speaker, Govt. of Arunachal Pradesh for kind information please
6. The US to Chief Secretary, Govt. of Arunachal Pradesh for kind information please.
7. All Principal Secretaries/Secretaries/All Dy. Commissioners/All SPs. Govt. of Arunachal Pradesh for information & necessary action.
8. The DHS, Govt. of Arunachal Pradesh for information and necessary action.
9. The SSO-IDSP, Govt. of Arunachal Pradesh for information and necessary action.
10. All DMOs, Govt. of Arunachal Pradesh for information and necessary action.
11. Office copy.


(P.Parthiban), IAS
Secretary (Health & FW)
Govt. of Arunachal Pradesh
Itanagar