GOVERNMENT OF MEGHALAYA HEALTH & FAMILY WELFARE DEPARTMENT

No. Health.99/2020/163

Dated Shillong the 5th May, 2021

NOTIFICATION

SUBJECT: GUIDELINES FOR ADMISSION OF COVID-19 PATIENTS IN HOSPITALS

In view of surge in COVID-19 cases in the State leading to a stress in the availability of hospital beds, the following guidelines have been framed with regard to admission of COVID-19 positive patients in hospitals:

1. On the basis of the severity of the symptoms, persons infected with COVID-19 in the State have been categorized into four types:

•	Category "A"	persons who show no symptoms (asymptomatic)
•	Category "B"	persons with mild symptoms
•	Category "C"	persons needing oxygen support
•	Category "D"	persons having severe symptoms needing critical care and ventilator support

- 1.1 Category A and B patients are advised home-based care. While under home based care, the condition of the patient is to be monitored and assessment will be made by the local health facility on whether he/she is required to be admitted to a Corona Care Centre.
- 1.2 Category C and D are to be admitted in hospital as they need oxygen and other critical care support.
- 2. Every hospital in the State (both Government and Private) has to put in place a 'triage system' that any patient who seeks healthcare at the hospital has to pass through. Hospitals are to identify and segregate COVID positive persons with the use of this triage system. With the help of the triage system hospitals should assess whether a COVID positive person needs to be admitted in the hospital or not, based on the category they belong to.
- 3. All referral patients from the peripheral regions coming through PHCs and CHCs should be referred to the higher health facility based on the category of the patient.
- 4. A home-based care system is in place in Shillong urban agglomeration where mobile medical teams designated for supporting patients under home care monitor and guide these patients. Based on the severity of the symptoms, the medical team will refer patients to hospitals, thus avoiding any delay in seeking healthcare.
- 5. No hospital in the State, in any case, will deny admission to needy patients who qualify to be admitted in hospitals.

- 6. In case of referral to Army Hospitals, the District Medical and Health Officer (DMHO) or the Medical Superintendent of the referral hospital will refer the cases once there are no more beds available within the civilian hospitals (both private and government) in the State
- 7. Permission of attendants for attending COVID patients will be as per the policy of the hospitals where the patient has been admitted.

(Sampath Kumar, IAS)
Principal Secretary to the Government of Meghalaya,
Health & Family Welfare Department.

Memo No. Health.99/2020/163-A

Dated Shillong the 5th May, 2021.

Copy to :-

- 1. The Secretary to the Governor of Meghalaya, Shillong for kind information of the Hon'ble Governor.
- 2. The Private Secretary to the Chief Minister, Meghalaya, Shillong for kind information of the Hon'ble Chief Minister.
- 3. The Private Secretary to Deputy Chief Minister, Meghalaya, Shillong for kind information of the Hon'ble Deputy Chief Minister.
- 4. The Private Secretary to Health Minister, Meghalaya, Shillong for kind information of Minister.
- 5. Private Secretaries to all Ministers, Meghalaya, Shillong for kind of Hon'ble Minister.
- 6. Private Secretary to Chief Secretary for kind information of the Chief Secretary.
- 7. The Additional Chief Secretaries/ Principal Secretaries/ Commissioners & Secretaries/ Secretaries of all the Department, Government of Meghalaya.
- 8. The Director of Health Services (MI) for information and necessary action and to inform all Private Hospitals in the State.
- 9. The Director of Health Services (MCH &FW)/ (Research), Meghalaya, Shillong.
- 10. The Director of Information & Public Relation for wide circulation in the Print/Electronic media of the State.
- 11. The State Informatics Officer, NIC, Meghalaya, Shillong for information and necessary
- 12. The Director General of Police, Meghalaya, Shillong
- 13. Deputy Commissioners,

East Khasi Hills, Shillong/ West Khasi Hills, Nongstoin South West Khasi Hills, Mawkyrwat./ Ri Bhoi District, Nongpoh West Jaintia Hills, Jowai / East Jaintia Hills, Khliehriat West Garo Hills, Tura / East Garo Hills, Williamnagar South Garo Hills, Baghmara/ North Garo Hills, Resubelpara South West Garo Hills, Ampati For information and necessary action

- 14. Joint Director of Health Services (MCH & FW) I/c IDSP, Meghalaya, Shillong.
- 15. District Medical & Health Officer,

East Khasi Hills, Shillong/ West Khasi Hills, Nongstoin South West Khasi Hills, Mawkyrwat./ Ri Bhoi District, Nongpoh West Jaintia Hills, Jowai / East Jaintia Hills, Khliehriat West Garo Hills, Tura / East Garo Hills, Williamnagar South Garo Hills, Baghmara/ North Garo Hills, Resubelpara South West Garo Hills, Ampati/

For information and necessary action

16. All Administrative Department/Heads of Department.

By order, etc.

Joint Secretary to the Government of Meghalaya, Health & Family Welfare Department
