

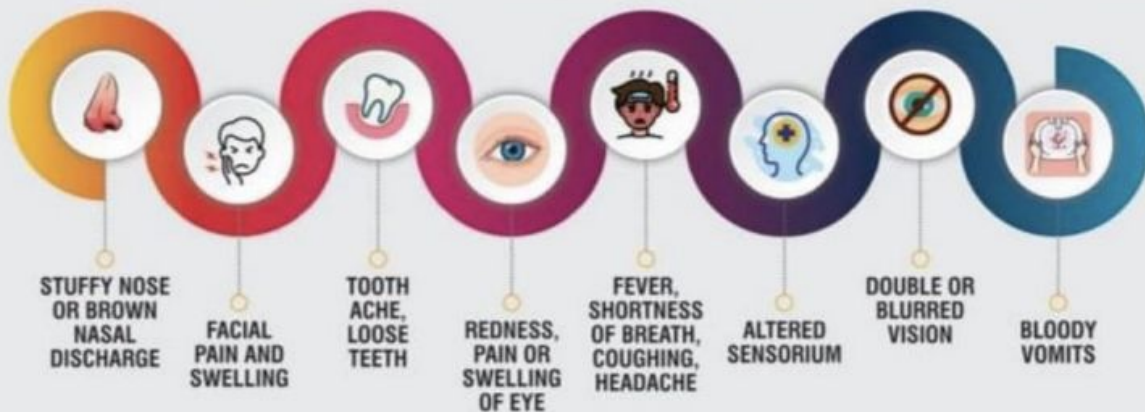


**Shri Manoj Sinha**  
Hon'ble Lieutenant Governor

# ADVISORY ON **BLACK FUNGUS** (MUCORMYCOSIS)

**BLACK FUNGUS (MUCORMYCOSIS) IS A TYPE OF FUNGAL INFECTION, WHICH SPREADS RAPIDLY IN THE NOSE, SINUS, EYE AND BRAIN.**

**DO NOT NEGLECT IF YOU FIND THESE SYMPTOMS DURING/AFTER COVID**



- PEOPLE WHO ARE AT RISK**
- ▶ WITH UNCONTROLLED DIABETES
  - ▶ WITH CO-MORBIDITIES (POST TRANSPLANT/ MALIGNANCY)
  - ▶ ON LONG STANDING OXYGEN THERAPY DURING COVID TREATMENT
  - ▶ TREATED FOR COVID 19 WITH STEROIDS/IMMUNOMODULATORS

### ✓ Dos

- Control hyperglycaemia
- Monitor blood glucose level post COVID-19 discharge in diabetic patients
- Use steroid judiciously
- Use clean, sterile water for humidifiers during oxygen therapy
- Use antibiotics/ anti fungal judiciously

### ✗ Don'ts

- Do not miss warning signs & symptoms
- Don't consider all cases of blocked nose as cases of bacterial sinusitis, especially in the cases of immunosuppression and/or COVID-19 patients on immunomodulators
- Don't hesitate in seeking aggressive investigations as appropriate for detecting fungal etiology
- Don't lose crucial time to initiate treatment for mucormycosis

**IT COULD BE DANGEROUS**  
*If you have symptoms, seek medical advice immediately*



**FOR ANY SORT OF QUERY INCLUDING MEDICAL ADVICE CONTACT 24X7 DIVISIONAL CONTROL ROOM**

**Divisional Control Room-Kashmir:**  
0194-2440283/2430581/2452052/2457313/2457312

**Divisional Control Room-Jammu:**  
0191-2549676/2520982/2674444/2674115/2674908



Issued in Public Interest by:  
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**FOR FREE AMBULANCE SERVICE PLEASE CALL  
TOLL FREE NO. 108**

For any kind of Covid-19 query log on to [www.covidrelief.jk.gov.in](http://www.covidrelief.jk.gov.in)